

Dystonia in clinical practice

Department of Neurology

Saturday,
14th September
2019, 10.00 – 15.00
Inselspital Bern,
Auditorium
Langhans



Dear Therapist, Dear Colleague

Dystonia is a rare neurological disorder with a highly heterogeneous clinical presentation. Therefore, diagnosis and treatment can be very challenging. The first contact of a patient suffering from dystonia is typically their family care physician, a physiotherapist and/or an occupational therapist.

In order to increase the knowledge and awareness for dystonia among physicians and therapists, the Swiss Dystonia Society (SDS), in collaboration with Swiss movement disorder society (SMDS) support the idea of regular interdisciplinary training courses on dystonia with a practical and patient-oriented approach.

The Bern team in collaboration with the Swiss Movement Disorder Society and clinical experts across Switzerland is happy to host the first interdisciplinary training course on dystonia. We are very pleased to welcome Johanna Blom, a physiotherapist from Malmö, Sweden, specialized in dystonia, who has agreed on giving a lecture and also a workshop on physiotherapy in dystonia.

Prof. Paul Krack, MD

Head on Movement Disorders
Department of Neurology
University Hospital Bern

Julia Müllner, MD

Attending Neurologist Movement
Disorders and Neurorehabilitation
Department of Neurology
University Hospital Bern

Hanspeter Itschner

President of the Swiss
Dystonia Society (SDS)

General Information

The participation is free of charge.

No registration required

Credits

The Symposium is an approved education:

4 Credits SNG, 3 Credits AIM, 3 Credits Physio Swiss.

You receive a participation confirmation.

Programm

10.00	Introduction
10.05	Classification of dystonic disorders Julia Müllner, MD, University Hospital Bern
10.20	Semiology of dystonia Georg Kägi, Associate Professor, MD, Cantonal Hospital St. Gallen
10.40	Pathophysiology and pharmacological treatment Prof. Alain Kaelin, MD, PhD, Director of the Italian-Swiss Neurocenter Lugano
11.00	Botulinum toxine in the treatment of dystonia Joan Michelis, MD, University Hospital Bern
11.20	Surgical approaches Prof. Claudio Pollo, MD, University Hospital Bern
11.40	Discussion
12.00	Lunch break
13.00	Physiotherapy in dystonia Johanna Blom, Physiotherapist, Malmö
13.20	Hands-On-Workshop: Proceeding from careful examination and analysis to successful treatment Johanna Blom, Physiotherapist, Malmö
15.00	End

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